

Network with  
other parents



Learn in a  
non-  
judgmental  
environment



Access  
Parenting  
Resources



Understand  
Rewards  
&  
Discipline




Communicate  
Efficiently  
with  
Teens & Young  
adults



Discover Your  
Parenting



Utilize  
The strength  
Perspective



Co-Parent:  
Teamwork  
& Challenges



Develop  
Family  
Philosophy



Recognize  
Developmental  
Stages

## Parent Leadership Training

In this 12-session curriculum you will learn how to bring out the best in children, adolescence, and youths; understand their actions, maintain authority, gain & maintain respect, enhance self-esteem and turn hassles in successes.

Training Sessions: **Thursdays Sept.15—Dec.1, 2011; 6-8pm...** Refreshments are served!

**Register Now!** Space is LIMITED

**Admission: First come first served basis**  
**MOST HMO'S ACCEPTED!!!**

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